



In partnership with  
**SUHAIL MIRZA COACHING**

**GET THE MOST OUT OF YOUR LIFE**



# **LEADERS' LIFE MASTERY**

Thought based  
coaching for you  
and your team.

*"We are no longer in the Information Age. That died a long time ago. There is too much information. We are drowning in information; we are starving for Wisdom."*

Tony Robbins

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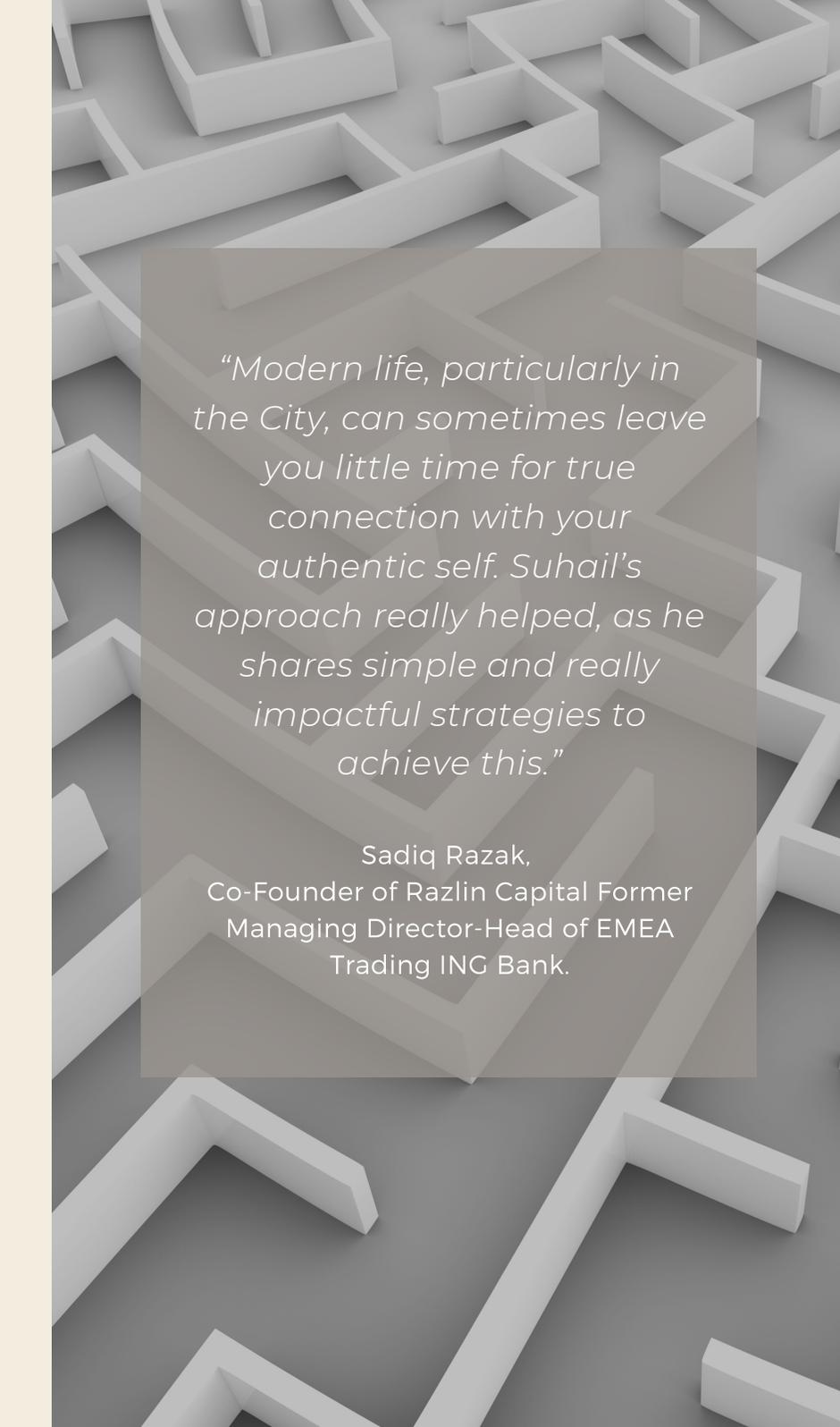
## WHAT IS LEADERS' LIFE MASTERY?

Leaders' Life Mastery is a powerful coaching programme for leaders looking to develop their mind and spirit. Central to Leaders' Life Mastery Coaching is the theme of authenticity. You will take a journey of self-reflection, realisation and revelation to re-discover your authentic self, find true balance and fulfilment in your whole life.

*"Leadership can at times be both lonely and challenging. Suhail's words offer thoughts, tips and ideas that can support our own personal and often unique journeys."*

Yvette Cleland

CEO at Clinical Professionals & One of SIA's top 50 most powerful women in staffing globally.



*“Modern life, particularly in the City, can sometimes leave you little time for true connection with your authentic self. Suhail’s approach really helped, as he shares simple and really impactful strategies to achieve this.”*

Sadiq Razak,  
Co-Founder of Razlin Capital Former  
Managing Director-Head of EMEA  
Trading ING Bank.

# WHY IS LEADERS' LIFE MASTERY SUCCESSFUL?

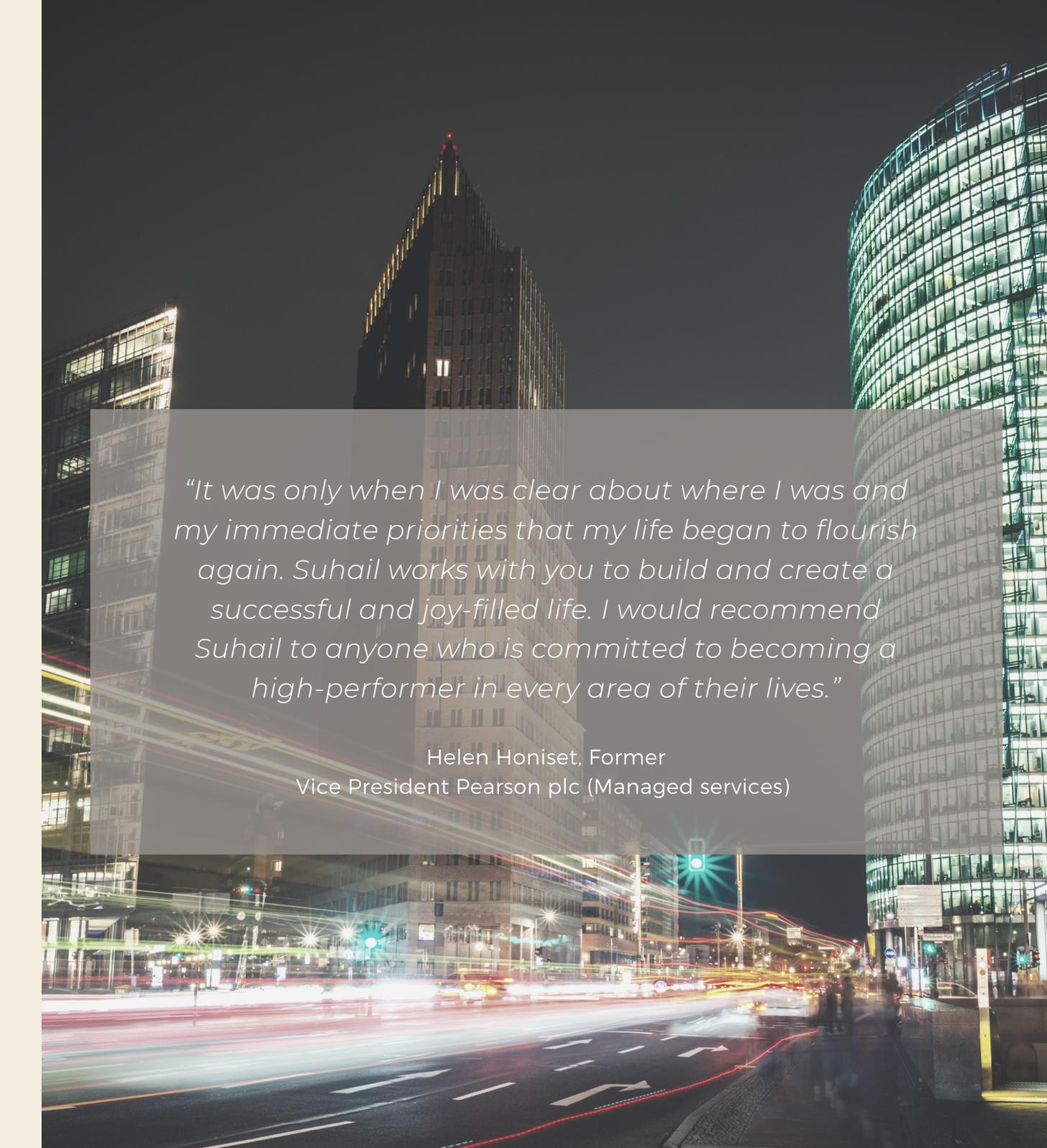
## THE POWER OF W.I.S.D.O.M

The W.I.S.D.O.M model is a powerful tool developed by Suhail Mirza, following his own personal journey to find a deeper meaning to life and a permanent path to transformation.

Proven to deliver results, the W.I.S.D.O.M model will challenge you to examine every area of your life. By exploring each of the stages in turn, you will discover your personal pathway to happiness, contentment and life success.

### **Leaders' Life Mastery Coaching will enable you to:**

- Overcome loneliness and extinguish critical 'self-talk'
- Develop deeper connections with colleagues, the world and yourself.
- Turn away from illusory and often destructive habits.
- Boost productivity and business performance.



# PROGRAMMES

## 1:1 COACHING

**Take time to reset your busy mind, reassess what's important and discover the secret to personal fulfillment.**

**Duration:** 3 – 9 months, multiple sessions (Fast track option available)

**Cost:** POA

Leaders' Life Mastery 1:1 coaching is exclusively for high-achieving senior leaders looking to find deeper meaning to life. During your confidential sessions, you will delve deep into the W.I.S.D.O.M model, working through each stage at your own pace.

By exploring your own unique challenges and the habitual patterns of behaviour holding you back, you will transform your life, both at work and home, to achieve your personal and professional goals.

*"It was only when I was clear about where I was and my immediate priorities that my life began to flourish again. Suhail works with you to build and create a successful and joy-filled life. I would recommend Suhail to anyone who is committed to becoming a high-performer in every area of their lives."*

Helen Honiset, Former  
Vice President Pearson plc (Managed services)

# PROGRAMMES

## TEAM COACHING

**Boost productivity in your business by developing leaders with the skills to manage in a modern world.**

**Duration:** ½ day

**Capacity:** 5 to 10 people  
recommended for optimum results

**Cost:** £950

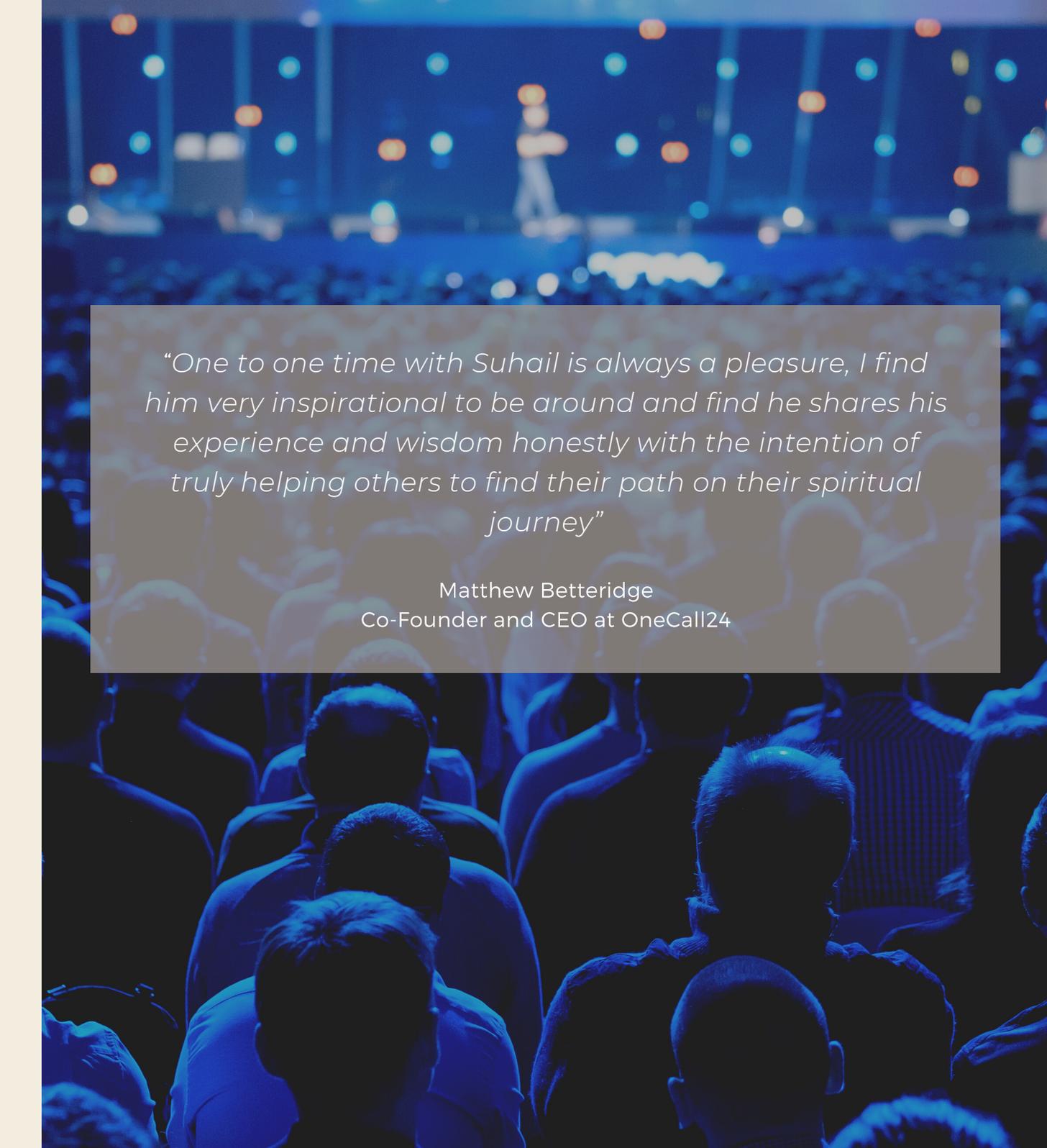
**Location:** For your convenience this course is delivered in your offices

This interactive half-day course introduces managers to powerful techniques to manage their own happiness and enabling them to lead by example.

Guided by the six steps of W.I.S.D.O.M, managers will be encouraged to consider the benefits of nurturing a healthy mind and spirit, for improved personal wellbeing and team success.

*“Within Recruitment, Suhail is well networked, knowledgeable, trusted. He has that rare ability to listen, probe, and ultimately coach you through situations. His positivity and enthusiasm are infectious, then layer his patience on top of that and all of those other attributes.....and you have the perfect coach.”*

Keith Lewis  
Former COO at Gattaca plc.



*“One to one time with Suhail is always a pleasure, I find him very inspirational to be around and find he shares his experience and wisdom honestly with the intention of truly helping others to find their path on their spiritual journey”*

Matthew Betteridge  
Co-Founder and CEO at OneCall24

## PROGRAMMES

### KEY NOTE SPEAKER

**Enlighten your team on your next away day, conference or managers meeting.**

**Duration:** Various

**Cost:** Please contact us for a quote.

There has never been more pressure on recruitment professionals to deliver results; many deliver but at a cost of great imbalance in their lives.

Introduce Leader's Life Mastery to your whole business at your next event and show your commitment to promoting inner wellness across your business.

Content for events can be tailored to match your business objectives and align with your organisation's culture and core values.

# PROGRAMMES

## AUDIO COURSE

**An audio course for those working at all levels of your business.**

**Cost:** £99

This audio course of Suhail Mirza's acclaimed book and Amazon top-seller, *Many Mansions*, is the foundation for the W.I.S.D.O.M model. Including personal insight and guidance, listeners will find solace in Suhail's words and practical advice.

Suitable for the whole team, this entry level course is a great way to start your journey.

*"I use Suhail to drive new thinking as we face an ever changing industry. Suhail is on top of all the current trends."*

Albert Ellis, CEO, Harvey Nash Group PLC



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**BOOK YOUR FREE  
CONSULTATION WITH  
SUHAIL AND  
START YOUR JOURNEY.**

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## **ABOUT SUHAIL MIRZA**

Suhail Mirza, is a businessman, author, speaker and creator of Leaders' Life Mastery Coaching.

Well-known and respected by senior leaders in the staffing and recruitment sector for his industry insight and experience,

Suhail is advisor and Chairman to several businesses, including Engage specialist recruitment, Camino Partners, Empresaria Group member IMS, City Editor at Recruitment International and Judge at the Talint/Recruitment International Awards.

In 2016, Suhail's acclaimed book, Meet the CEO, was published, followed two years later by Many Mansions, which became an Amazon bestseller.

**FOLLOW SUHAIL**



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